
















WAIVER OF LIABILITY AND ASSUMPTION OF RISKS

I understand that:

-  **Go Commando is physically and mentally intense and may require extreme exertion to play.**
-  **The possibility of injury to the minor attending and others exists.**
-  **The playing area may have varying terrain and may be slippery and have many trip hazards.**
-  **There is the possibility of fallen tree debris.**
-  **No physical contact is allowed between participants.**

I confirm and agree that:

-  **The minor attending is physically fit and mentally able to take the strain and exertion involved in the activities set at our 'Little Soldiers' birthday party.**
-  **The minor attending has no medical condition that would prevent them from playing. (Please make the instructor aware if you use an inhaler or any other medical aid).**
-  **I am fully aware of the risk to the minor attending and others involved in the activities set by Go Commando instructors.**
-  **I will ensure that the minor attending will comply with the rules and use all equipment as instructed and not so as to injure or hurt others.**
-  **I will ensure that the minor attending will obey all instructions from the game manager/site marshals.**
-  **I have read fully the activities that the children will partake in and I have passed such information on to the parents of those participating in my group.**
-  **I will make parents aware that we do take pictures during your visit, so parents can capture their child's experience at 'Go Outside'. If for any reason a parent is not happy with their child's pictures being taken then you will inform us prior or at the start of your visit.**
-  **I will make parents aware of the 'Need to Know' on our webpage.**

**I FULLY ACCEPT ALL THE RISKS ASSOCIATED WITH THE ABOVE.
I RELINQUISH 'GO OUTSIDE' FROM ALL RESPONSIBILITY ASSOCIATED
WITH PHYSICAL ACTIVITY IN AN OUTDOOR WOODLAND AREA.**